Vol 2020-1 Issue: January-2020



# SEA OF LEARNING PRE-SCHOOL



9430 De Cubellis Rd, New Port Richey, FL 34654

727-842-1577 www.seaoflearningpreschool.com

## HAPPY NEW YEAR

#### Administrator's Note:

The New Year brings with it, many

promises of hope, faith, prosperity, health, love, joy and all of the most positive emotions and conditions we might seek in life.

It also comes with many challenges and burdens which we might see as unbearable. Make sure if and when you might be faced with burdensome situations that you lean on the love

of others and never be ashamed of asking for help. We are part of a great community with wonderful people and families.

**NOTE**: Sea of Learning will be open January 2nd, 3rd and 6th.



End of Year Needs

Please note that all tuition must be paid in full as soon as possible to enable us to close out our books for FY 2019.

This will allow us to get the necessary tax forms sent out to everyone that they may file as quickly as they are able.

Your understanding would be greatly appreciated.

# **Children Making Good Choices**

You want what's best for your children – for them to grow into independent, self-reliant people who will be able to make healthy choices for themselves throughout their lives. The beginnings of that skill start as early as two years of age. It

is important to talk to your child about making good decisions.

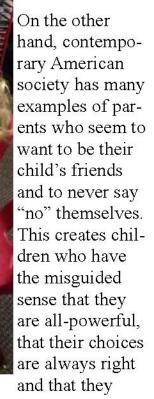
#### Making Choices

It is up to all of the adults in your children's daily lives, but especially in their immediate family, to know how to help support young children's growing

ability in this area. Child development experts tell us that toddlers and preschoolers have the need to experience themselves as "autonomous" or having a sense of their own power in the world. This is why two-year-olds love to say "No!". They are beginning to realize that they have some control or choice over the situations they are in.

It is important for us to respect children's "no" wishes some of the time so that they have a healthy experience of their own power. Later on, when they are teens, children who have had earlier experiences of themselves as people whose choices are respected, will be the ones who are able to say "no" when a peer encourages them to do something they

may not want to do.



don't need to respect grown-ups.
Child development experts (and wise, old grandmas and grandpas) know that children need boundaries and limits set by caring adults who understand the world a bit better.
Some parents may feel guilty or sad if their children don't understand or agree with grown-ups decisions but these feelings should not drive our

### The things children Do



















2



parenting choices. The effective par- Making ent should always Good strive to find a healthy balance between child and dren the opadult-made decisions in their chil- make choices dren's lives.

Some healthy ways to give young children choices (and therefore a healthy sense of power) include:

- Asking which shoe they would like to put on first or which shirt they would like to wear
- Involving them in family decisions, like where to go on vacation
- Letting them help decide what's for dinner

Letting them choose their bedtime story (even if you have read it a million times and are sick of it!)

There are so many ways to weave oppor-

tunities for children's choice-making into your parenting. What other ways can you come up with?

# Choices

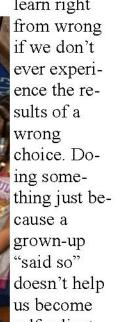
Giving chilportunity to is important but how do we help them make good choices? Let your preschool and



school-age child make decisions even if you think they are going to make a mistake. It's okay to let your child fail sometimes. That is how we human beings learn to do better. We can't truly

> learn right from wrong if we don't ever experience the results of a wrong choice. Doing somecause a grown-up "said so" doesn't help us become self-reliant.

Out of love, we often want to protect our children from failure but this is not always the gift it appears to be.





Help your child be a "scientist" in the laboratory of Life. Scientists make predictions, test out their predictions then re-

flect on the results afterwards to see if they were right. Help children think through the possible results of their choices ahead-of-time without telling them which choice you think they should make. Afterwards, without saying "I told you so!" help them reflect on what happened and what they might do differently next time.

Model good decision-making for them. Make good choices in your own life and point out to your child when you are doing so. For example, you might say "I was going to eat that snack but, no, it will ruin my appetite" or "I was going to say a bad word just now about that driver in the car ahead of us but I won't".

Traditional Native American philosophy asks adults not to make their choices



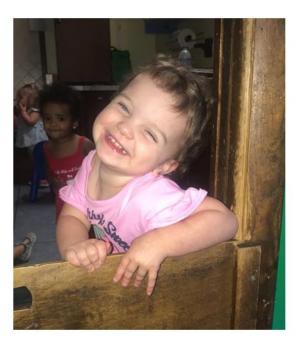


their descendents seven generations from now.

**HAPPY NEW YEAR** to all of children, family and friends. Treat yourselves well.

Be happy, healthy and Prosperous.









#### STANDING NOTES of IMPORTANCE:

<u>Sign In</u>: ALL parents "MUST" be signing their child in and out every day! (It is a state law and must be done)

#### 9:am Arrival:

Please remember to have your child here prior to 9:am. Arriving past that arrival deadline may hinder your child's ability to be cared for. Beyond 9:15am. If you have not called, your child will not be able to attend or stay without a doctor's note!

<u>Change of Cloths</u>: All children need a weather appropriate change of clothing, with their names on them.

**Blankets**: You may provide only one blanket. No pillows are allowed.

<u>We Do NOT serve breakfast</u>: We provide a simple snack at 8:30am. Please do not drop off your children with a Sippy Cup, fast food breakfast or home meals. We are not geared to coordinating breakfast needs. Please make sure your children are nourished before they arrive at school.

<u>Lunch Containers</u>: All such containers, boxes, etc. must have an Ice Pack and the child's name on it.

Footwear: No flip flops or open toed shoes are allowed.

<u>Toys, Gum & Small Items:</u> Please do not allow your children to come to school with Toys, Gum or small items as they tend to cause a disruption with student behavior and some items pose a safety hazard to your child or others.

<u>Tuition Payment</u>: Must be paid in full weekly. Please help us assure there is no lapse in our services to provide care and program services to your children.

# **Sea of Learning RESOURCES**:

Valuable Resources may be found on our website: If you would like to share additional resource information, please contact us.

### www.sea of learning preschool.com

If you have a specific request for information not presented, please don't hesitate to ask and we will try out best to find or secure the information for you.

## IT TAKES A VILLAGE

## Services & Functions That Hit Close to Home

<u>Note:</u> If any of our parents out their would like to have their businesses presented in our newsletter, please share your interest with our office and we will make every effort to have them listed.

**DONATE**: We encourage our parents and the community to donate supplies and materials to the Sea of Learning as these help provide us with the tools to spark the interests of our children in how they express them selves. Empty paper rolls, scratch paper, etc......





7337 Little Road New Port Richey, FL 34654 727-84-CHIRO

### **COMMUNITY NEEDS**

#### SABRINA:

Our continued Prayers for the health of our student Sabrina. When one child is in crisis, it is felt through us all. Prayers for this sweet child.

We hope prayers are answered and that love and support are present in the lives of all those impacted by hardships'.

Sea of Learning Preschool 9430 De Cubellis Rd, New Port Richey, FL 34654 842-1577



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