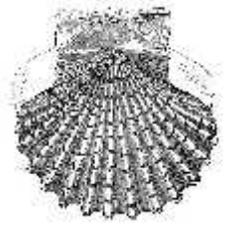


SEA OF LEARNING Pre-School News



WHERE LEARNING IS FUN

9430 De Cubellis Rd, New Port Richey, FL 34654

727-842-1577 www.seaoflearningpreschool.com



SUMMER TIME

The Sea of Learning is dedicated first and foremost to the safety and welfare of our children. This includes us sharing with you some information of safety issues over this summer.

There are scores of topics that could be presented but we'll focus here on the topics of extreme heat as well as the safety concerns and issues surrounding pool and swimming safety practices.

Protecting Children from Extreme Heat:

Extreme heat can cause children to become sick in several ways. Make sure to protect your child from the heat as much as possible, watch for symptoms, and call your doctor if you see any develop.



Preventing Effects of Extreme Heat:

There are several steps you can take to protect your child from heat-related

illness:

-)] Plan to have a cool, air-conditioned space for your child. If your home does not have air-conditioning, find a nearby building that does. Libraries can be a great place for a cool retreat from the heat.

)] Make sure your child stays hydrated. Encourage her to drink water regularly, even before she asks for it.

)] Plan for more time to rest than usual; heat can often make children feel tired.

)] When your child is feeling hot, give him a cool bath or water mist to cool down.

)] Don't forget about the effects of sun exposure.

)] Never leave children in a car or other closed motor vehicle. The temperature inside



the car can become much higher than the outside temperature, and can rise to temperatures that cause death.

Potential Health Effects:

Extreme heat can make children sick in many ways, including:

-) Dehydration
-) Heat exhaustion
-) Heat cramps
-) Heat stroke

When to Call Your Child's Doctor:

Call your child's doctor immediately if you are concerned with any of the following symptoms. Your child's doctor can advise you on the next best course of action and whether an immediate evaluation is needed.

-) Feeling faint
-) Extreme tiredness
-) Headache
-) Fever
-) Intense thirst
-) Not urinating for many hours
-) Nausea
-) Vomiting
-) Breathing faster or deeper than normal
-) Skin numbness or tingling
-) Muscle aches
-) Muscle spasms

Psychological Effects:

Don't forget about your child's mental health, as well. Children may become anxious or restless from being kept indoors. Plan ahead for entertainment with indoor activities and games, and limit the amount of time spent watching television.

Children may become fearful or stressed from effects of the heat. Reassure your child that many people are working to keep them safe. Children take their cues from their parents and the environment, so remember to keep calm and answer their questions openly and honestly. Keep in mind not to share more than is appropriate for their age.

Swimming Safety Tips There Is No Substitute for Active Supervision

1. Actively supervise children in and around open bodies of water, giving them your undivided attention.



2. Whenever infants or toddlers are in or around water, an adult should be within arm's reach to provide active supervision. We know it's hard to get everything done without a little multitasking, but this is the time to avoid distractions of any kind. If children are near water, then they should be the only thing on your mind. Small children can drown in as little as one inch of water.
3. When there are several adults present and children are swimming, use the Water

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PRESCHOOL



Watcher card strategy, which designates an adult as the Water Watcher for a certain amount of time (such as 15-minute periods) to prevent lapses in supervision.

Start Slow With Babies

You can start introducing your babies to water when they are about 6 months old. Remember to always use waterproof diapers and change them frequently.

Educate Your Kids About Swimming Safely

1. Every child is different, so enroll children in swimming lessons when you feel they are ready. Teach children how to tread water, float and stay by the shore.
2. Make sure kids swim only in areas designated for swimming. Teach children that swimming in open water is not the same as swimming in a pool. They need to be aware of uneven surfaces, river currents, ocean undertow and changing weather.

Whether you're swimming in a backyard pool or in a lake, teach children to swim with an adult. Older, more experienced swimmers should still swim with a partner every time. From the first time your kids swim, teach children to never go near or in water without an adult present.

Don't Rely on Swimming Aids

Remember that swimming aids such as water wings or noodles are fun toys for kids, but they should never be used in place of a U.S. Coast Guard-approved personal flotation device (PFD).



Take the Time to Learn CPR

1. We know you have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better.
2. Local hospitals, fire departments and recreation departments offer CPR training. Have your children learn CPR. It's a skill that will serve them for a lifetime.

Take Extra Steps Around Pools

1. A swimming pool is a ton of fun for you and your kids. Make sure backyard pools have four-sided fencing that's at least 4 feet high and a self-closing, self-latching gate to prevent a child from wandering into the pool area unsupervised.
2. When using inflatable or portable pools, remember to empty them immediately after use. Store them upside down and out of children's reach. Install a door alarm, a window alarm or both to alert you if a child wanders into the pool area unsupervised.

RESOURCES: There are numerous resources and assistance services and programs available to our communities.

We provide a resource section on our website.

Sea of Learning:
<http://www.seaoflearningpreschool.com/>

IT TAKES A VILLAGE

Services & Functions That Hit Close to Home

Free listing of our businesses and services. By utilizing their respective services, your not only helping them but your helping their children, "Our Children".

Note: If any of our parents out their would like to have their businesses presented in our newsletter, please share your interest with our office and we will make every effort to have them listed.



7337 Little Road
New Port Richey, FL 34654 727-84-CHIRO

FOR SALE

We are also adding this section to our letter to provide a platform for our parents to list items and materials they might have for sale.

We would also list items that individuals are seeking to donate or contribute out into the community.

This item is still up for grabs. Take advantage of this remarkable sale.

FOR SALE:

2007 Yamaha V Star 1100 Custom

[\\$4,000](#)

New Port Richey, FL (34652)

For Sale 2007 Yamaha V Star 1100 Custom with 8,700 miles. Asking 4,000 serious offers only no test drives unless cash in hand and must have a valid motorcycle endorsement. Has a kuryakyn hypercharger air filter with K&N filter. Has aftermarket pipes and 2 speakers with a cellphone or mp3 player hookup. There is a small dent on the tank that has been there since I have owned it please see pictures. The rest of the bike is in great shape aftermarket mirrors and break and clutch levers. Could use a rear tire please look at pictures and only call with serious inquiries please 727-326-7741



Sea of Learning Preschool
9430 De Cubellis Rd, New Port
Richey, FL 34654

Sea of Learning July 2017

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------------|-----|-----|-----|----------------------|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 Miss Heather's B- | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 Miss Jessica's B- | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

NOTE: Have a safe and wonderful Summer