Truth & Consequences

NOTES of IMPORTANCE:

Public Schools and VPK Ends May 28th:
May 28th, The Sea of Learning will be closed in recognizing Memorial Day.

Sea of Learning Summer Fair: Begins on May 29th. If your child or children require before or after care you “MUST” Sign-Up or there may be no slots available. Make sure you sign-up...

VPK Graduation is being held on May 24th at the Spartan Manor, NPR. Graduation begins at 6pm.

Attendance Time: All children MUST be here no later than 9:15am. If you have not called, your child will not be able to attend or stay without a doctor’s note!

Change of Clothes: The weather has changed towards warmer, even hot days. Please make sure your child has a full change of cloths.

All tuition must be paid in full weekly.

VPK students must have a 0 balance in order to graduate at the Spartan.

RESOURCES:
Valuable Resources may be found on our website: Sea of Learning’s Website Link. If you would like to share additional resource information, please contact us.

www.seaoflearningpreschool.com
If you have a specific request for information not presented, please don’t hesitate to ask and we will try out best to find or secure the information for you. We all have questions. Don’t forget to ask/
Truth & Consequences

What to Do When Kids Lie:
As much as we might like to think that our children will always tell the truth, the reality is that lying is something most children experiment with at one point or another. Parents should keep in mind that telling lies is a natural part of child development and that in most cases, children outgrow this behavior.

Why Kids Lie
When addressing this common problem, parents should consider a child's age, the circumstances and reasons for the lie, and how frequently he engages in this behavior.

For example, many younger children -- usually younger than age 6 -- cannot yet make a clear distinction between fantasy and reality, and their "lie" may actually just be an expression of their imagination. That said, a child as young as age 4 is perfectly capable of deliberately telling a lie to avoid getting into trouble or get something he wants. Some common causes of lying in school-age children include:

- Wishful imaginative play
- Fear of punishment
- A desire to brag to friends/classmates to boost status and impress them
- To avoid something they don't want to do (such as clean up toys)
- A desire to not disappoint parents when expectations are too high
- Unhappiness with something in their lives

An attempt to get attention

What to Do When Kids Lie
Here are some helpful tips to keep in mind when dealing with lying:

Get to the root cause of the lie. Is your child simply telling a tall tale as part of fantasy play? Is she deliberately trying to mislead you because she doesn’t want to be punished? If your child is simply using her imagination, help her distinguish between fact and fiction without discouraging her creativity (so if she insists that she went to the moon with her imaginary friends, then explain that it sounds like so much fun you would like to join in too). On the other hand, if she claims than an imaginary friend broke something she wasn’t supposed to touch, first reassure her that she won’t get in trouble if she tells you what really happened. Then explain that you understand that while it can sometimes be easier to believe that someone else may have done something that she doesn’t
want to admit to doing, telling the truth always helps make things better.

Do not make kids feel like they cannot come to you. If a child is worried that you will be angry, he may try to avoid telling you the truth at all costs. The important thing is to help your child feel secure, safe, and supported so that he knows he can talk to you without losing your affection and love. In fact, research shows that when you threaten kids with punishment for lying, they are less likely to tell the truth. Explain to your child that if he tells you the truth, you will not become angry and that the truth is more important to you than anything else. Then listen calmly and address whatever the misbehavior was; focus on that, and on the consequences of his actions, rather than on finding blame. If he attempted a lie, praise him for being honest with you and acknowledge that telling the truth must have been difficult for him.

Give your child consequences, rather than punishment. What’s the difference? Punishment comes from a place of anger whereas consequences are focused on correcting the misbehavior. For instance, if your child lies about doing her chores, discuss with her the importance of facing up to her actions; work with her to come up with an appropriate task to make up for her mistake, such as doing extra age-appropriate chores around the house.

Do not call your child a liar. Labels can only be hurtful, they can have a lasting impact on how a child views himself. If he is called a liar, he may believe himself to be one and act accordingly.

Be clear about your expectations. Tell your child that lying is something that you do not want in your household. Let her know that telling the truth is just as important as other good behavior that you expect from her such as speaking to you in a respectful manner and not talking back or trying not to fight with her siblings.

Assess your own behavior when it comes to telling the truth. Do you often resort to lying when you want to avoid a situation or to get something you want? For instance, if your child hears you telling a neighbor that you cannot feed her cat while she’s on a trip because you have a sick relative when the truth is that you secretly don’t like that particular cat, your child will get the message that adults lie when it’s convenient for them.

Talk about the effect lying can have on relationships. Explain that lying can damage the trust that exists between people who love each other. Ask your child to imagine how she might feel if you lied to her about something. Would she doubt you the next time? Would it affect the way she trusted you?

Finally, keep in mind that if a child lies repeatedly and frequently, even after consequences and reassurances from you, it may be time to talk with your pediatrician or another professional.

IT TAKES A VILLAGE
Services & Functions That Hit Close to Home

Free listing of our businesses and services. By utilizing their respective services, you are not only helping them but you are helping their children, “Our Children”.

Note: If any of our parents out there would like to have their businesses presented in our newsletter, please share your interest with our office and we will make every effort to have them listed.

DONATE: We encourage our parents and the community to donate supplies and materials to the Sea of Learning as these help provide us with the tools to spark the interests of our children in how they express them selves. Empty paper rolls, scratch paper, etc.

DeCubellis Wellness Center
7337 Little Road
New Port Richey, FL 34654 727-84 CHIO

COMMUNITY NEEDS

As needs don’t go away, we don’t abandon bringing them to light. We continue our request to ask your support and involvement in aiding a dear parent with her fight to live.

Leslie’s Fight to Live

Please go to Leslie’s Gofundme link and contribute if you are able or contribute in other ways listed on the site.

https://www.gofundme.com/leslies-fight-to-live

SABRINA: Our continued Prayers for the health of our student Sabrina. When one child is in crisis, it is felt through us all. Prayers for this sweet child. We hope prayers are answered and that love and support are present in the lives of all those impacted by heartships.
<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NOTE: Please make sure you have signed up, if you require before or after care for the Sea of Learning Summer Fair.