Message from Our Director:
We are truly fortunate and yes blessed to have some of the greatest little ones that we are tasked to provide a safe and effective learning environment for.

We rely upon your feedback always to assist us in making any necessary adjustments to our services. Caring for and educating our little ones seems to be an ever evolving journey.

As always, thank you for allowing us to be a part of your child’s growth and development.
Sincerely,

Ms. Sue Smith-DeCubellis
Sea of Learning Preschool Director

CHILD SAFETY FOR PRE-SCHOOLERS

A couple of safety tips for preschoolers.

Staying visible in the dark
Not quite yet, but with “falling back” to daylight savings, children and teens are at an increased risk for accidents as they try to grab the last few minutes of daylight for outdoor play. Participating in after-school sports and clubs may mean that they are walking or bicycling home at dusk or after dark, when driver visibility is lower. Here are some tips for ensuring safety when the days are shorter:

- Remind children and teenagers to walk on sidewalks rather than in the street, especially at night, and make sure they cross streets only at corners and
when safe — and never between parked cars.

- Ensure that children wear easy-to-see, light-colored clothing and outerwear, and shoes with light-reflecting material. Small flashlights that attach to backpacks or belt loops also can greatly increase pedestrian visibility.

- Equip bicycles or scooters with headlights and taillights, and encourage children and teens to turn them on when darkness begins to fall.

Encourage children and teens to be vigilant when riding bicycles, scooters, skateboards or other “wheels,” counsel them about the danger from cars or other motor vehicles, and make sure they always wear helmets when riding. In California, helmet use, which has reduced the incidence of brain injury by as much as 88 percent, is the law!

**Poisoning**

Poisoning is a particular danger because children this age (1-4 years old) are curious about everything! Younger toddlers will be inclined to put things into their mouths, and preschoolers are curious about items found in drawers and cabinets. Protect your child from an accidental poisoning:

- Keep all medicines (and vitamins as well) out of the reach of children.
- Never refer to medicine as "candy."
- Store all cleaning products or other dangerous products out of the reach of children and/or in a locked cabinet.

Keep the number for poison control 1(800) 222-1222 on or near your phone.

**RESOURCES:** There are numerous resources and assistance services and programs available to our communities.

We provide a resource section on our website.

Sea of Learning:
http://
www.seaoflearningpreschool.com/

**PARENTING TIPS:**

Preschooler Tantrums:
As your child ages into a preschooler, the frequency of tantrums should decrease but they may still happen occasionally. Just like toddler
Seriously
tantrums, they are more likely to happen when your preschooler is tired, hungry, overwhelmed, or frustrated. Power struggles over what your preschooler wants to do versus what he can do can also trigger tantrums. Tantrums may also occur when your child feels overlooked or needs attention.

Temper tantrums are still a normal part of your young child’s behavior and can be just as intense as when they were younger. Your preschooler still relies on your love and guidance to help him through these occasional bumps. However, unlike toddlers, sometimes preschoolers are able to talk about the cause of the tantrum afterward. This can help parents learn to anticipate triggers and work with their preschooler to manage emotions before the situation dissolves into a tantrum.

Here are a few strategies you can use to help your preschooler:

**Praise good behavior as a preventative tactic.** Get into the practice of praising good behaviors every day. Use specific praise that reiterates the good thing your child did and what it meant: “Thank you for sitting quietly and reading while I dressed your sister. It made us all happy and helped me get things done.”

**Minimize power struggle by presenting choices.** Instead of always telling your child not to do something, give your child choices such as, “do you want to put your socks on first or your shirt?” Make sure to only offer choices that you find acceptable.

**Keep calm during tantrums.** Children are great at pushing our buttons. Try not to become upset at what your child says or does to you during a tantrum.

**If your child kicks, hits, or bites during the tantrum remove them to a safe place.** Time-outs are appropriate when your child is not able to manage his physical behavior during a tantrum.

**If possible, give your child space to cool off.** Use phrases like “When you stop crying we will talk about this and see what we can do” or “I’ll sit with you until you are ready to talk.” Sometimes ignoring the behavior is exactly what your child needs to calm down.

**Encourage your child to talk about what caused the tantrum.** Once your child has calmed down, acknowledge his frustration and ask him to tell you why he is so upset. Problem solve with your child on ways he can deal with his feelings in the future.
IT TAKES A VILLAGE
Services & Functions That Hit Close to Home

Free listing of our businesses and services. By utilizing their respective services, you not only helping them but your helping their children, “Our Children”.

**Note:** If any of our parents out their would like to have their businesses presented in our newsletter, please share your interest with our office and we will make every effort to have them listed.

FOR SALE

We are also adding this section to our letter to provide a platform for our parents to list items and materials they might have for sale.

We would also list items that individuals are seeking to donate or contribute out into the community.

This item is still up for grabs. Take advantage of this remarkable sale.

**FOR SALE:**
2007 Yamaha V Star 1100 Custom
$4,000
New Port Richey, FL (34652)
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NOTE: Be Safe in everything you do